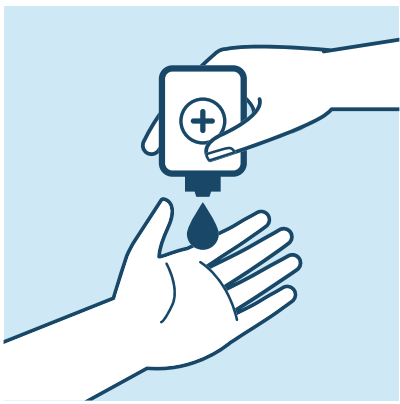
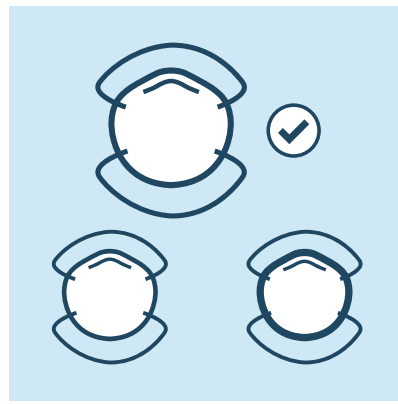




PUTTING ON (DONNING) AN N95 Respirator



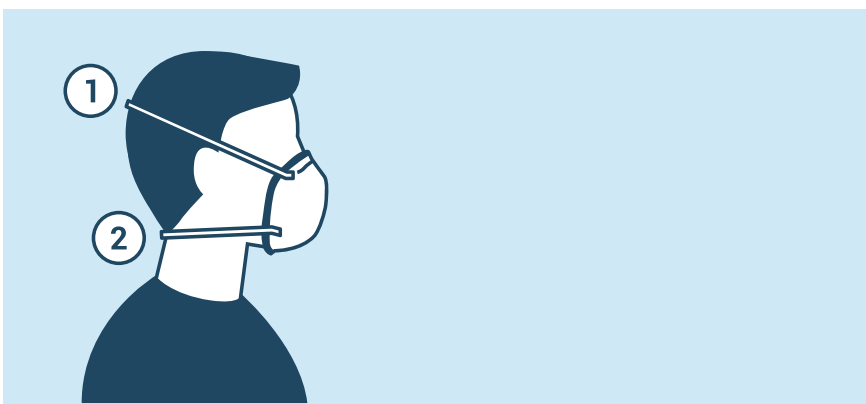
Perform hand hygiene



Select the N95 respirator for which you have been fit tested



Place the N95 respirator on your face, covering nose and under your chin



Pull the top strap over your head and place high on the back of your head. Pull the bottom strap over your head and position at your neck



Adjust N95 to fit comfortably; ensure nothing is between the mask and your face (e.g., facial hair) that may interfere with seal and fit



Use both hands to mold the nosepiece over the bridge of your nose; do not pinch the nosepiece



Perform a seal check: place hands over the respirator, exhale sharply, if air is felt on your face readjust respirator as needed and perform seal check again. When the respirator is a good fit, you will not feel any air on your face.

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