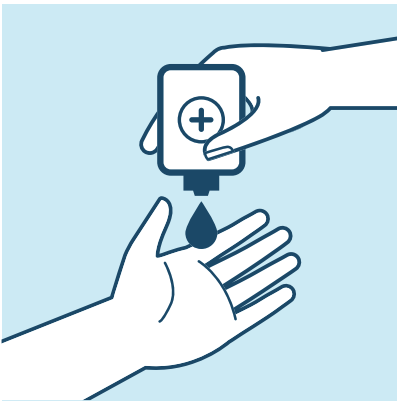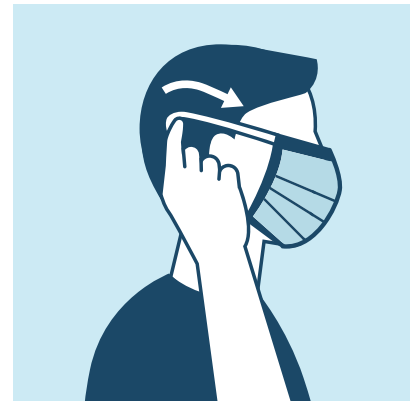# HOW TO WEAR A MASK

Clean your hands before wearing a mask

Secure elastic loops over your ears; cover nose, mouth and chin fully

Remove the mask from behind by only holding the ear loops

Dispose the mask in the garbage and then clean your hands

Do not touch the mask while wearing it, if you do clean your hands

Replace the mask if it gets damp and do not reuse it

Huron Perth
Public Health